

WPATH Guidelines

- Age of majority (<18)
- Hormone therapy for 12 consecutive months unless medically contraindicated
- Living in gender role full time for minimum of 12 consecutive months
- Demonstrated the capacity to make a fully informed decision and consent for treatment and the ability to comply with medical instruction
- Demonstrated understanding of surgery and the implications of this irreversible step
- Stable mental health, sufficiently self-aware, and successfully managing identified issues with depression



<https://wpath.org/>