



Sports Health Staff Directory



sports-health.org

877.440.TEAM

Sports Health Services

Acupuncture
Aquatic therapy
Arthritis treatment
Back and neck pain care
Chiropractic care
Exercise prescriptions and training programs
Foot and ankle care
Knee and hip disorders care
Management of sports-related concussions
Occupational therapy
Orthotic and prosthetic devices
Presurgical evaluations
Primary sports healthcare
Second opinions
Sports and exercise-related injuries
Sports cardiology
Sports nutrition
Sports ophthalmology
Sports orthopaedic physical therapy
Sports psychology
Special needs for athletes
Substance abuse (drug and alcohol)
 counseling and rehabilitation
Upper extremity disorders care

Performance Training Systems

Sports Performance Programs

Whether you are an aspiring pro, a weekend enthusiast or something in between, we'll help you take your athletic performance to the next level.

Our Performance Training Systems program is dedicated to helping athletes achieve excellence. Our training philosophy and methods are holistic, incorporating evidence-based techniques, technology and sports medicine oversight.

We offer sport-specific programs designed to enhance performance and help prevent injuries for athletes involved in running, cycling, swimming, figure skating, golf, basketball, volleyball, soccer and baseball.

Each training program is as unique as each athlete, addressing all components of performance and well-being. Our Performance Training Systems staff includes exercise physiologists, athletic trainers, dietitians and personal trainers specific to each sport. Together, we will provide ongoing support through in-person sessions and online interaction via your personalized training dashboard.

Call 877.440.TEAM (8326) to schedule an appointment.

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Visit sports-health.org for additional information.

To schedule an appointment with a sports health physician, call 877.440.TEAM (8326) toll-free from 7 a.m. to 11 p.m., every day. Same-day appointments are available for urgent sports injuries.



Convenient Locations to Serve You

Sports Health and Rehabilitation services are offered at the Cleveland Clinic Sports Health Center off I-480 at Transportation Boulevard, at Cleveland Clinic's main campus and Euclid Hospital, and at family health centers and sports health facilities in Beachwood, Broadview Heights, Brunswick, Independence, Mentor, Middleburg Heights, Solon, Strongsville, Westlake and Willoughby Hills.

Primary Care Sports Physicians



A.J. Cianflocco, MD

Director, Primary Care Sports Medicine Fellowship

Location(s): Cleveland Clinic Sports Health Center, Euclid Hospital

Specialty Interests: Neck and back problems, sports medicine, nonoperative orthopaedics



Vernon Patterson, DO

Location(s): Avon, Middleburg Heights

Specialty interests: Sports medicine and overuse injuries in endurance athletes



Richard Figler, MD

Location(s): Cleveland Clinic Sports Health Center, Beachwood, Solon

Specialty Interests: Acute and chronic sports-related injuries, pediatric and adolescent sports-related injuries, medical problems in athletes



Anne Rex-Torzok, DO

Location(s): Willoughby Hills

Specialty Interests: All sports-related injuries, returning athletes safely to play, adolescent low back pain, spondylolysis



Laura Goldberg, MD

Location(s): Avon Lake, Westlake

Specialty Interests: General orthopaedics for all ages, including sports-related and overuse injuries; fracture care (including stress fractures); pediatric orthopaedics



Kelly Richter, MD

Location(s): Strongsville

Specialty Interests: Sports medicine



Paul Gubanich, MD

Director, Primary Care Sports Medicine Research

Location(s): Cleveland Clinic Sports Health Center, Brunswick, Strongsville

Specialty Interests: Medical problems in athletes, concussions, outcomes research, childhood wellness



Zenos Vangelos, DO

Location(s): Main campus, Lorain

Specialty Interests: Sports medicine, musculoskeletal health



Susan M. Joy, MD

Director, Women's Sports Health

Location(s): Cleveland Clinic Sports Health Center, Independence

Specialty Interests: Comprehensive stress fracture management, medical problems in athletes, pediatric/adolescent athletic injuries, knee osteoarthritis

Sports Health and Orthopaedic Surgeons



Richard D. Parker, MD

Chairman, Department of Orthopaedic Surgery

Location(s): Main Campus

Specialty Interests: Sports medicine, arthroscopy, knee and shoulder surgery



Thomas E. Anderson, MD

Location(s): Cleveland Clinic Sports Health Center, Strongsville

Specialty Interests: Upper extremity surgery, excluding the hand



Jack T. Andrish, MD

Location(s): Cleveland Clinic Sports Health Center, Beachwood JCC, Beachwood

Specialty Interests: Athletic knee injuries, patellofemoral problems



John A. Bergfeld, MD

Director, Cleveland Clinic Surgical Operations

Location(s): Cleveland Clinic Sports Health Center, Strongsville

Specialty Interests: Sports medicine, knee joint disorders, traumatic injuries related to sports activity



Alan W. Davis, MD

Location(s): Westlake, Fairview Hospital

Specialty Interests: Sports medicine, hockey-related injuries, foot and ankle surgery



Morgan Jones, MD

Location(s): Cleveland Clinic Sports Health Center, Willoughby Hills

Specialty Interests: Sports medicine surgery and arthroscopy of the shoulder, knee, foot and ankle



Anthony Miniaci, MD

Location(s): Cleveland Clinic Sports Health Center

Specialty Interests: Injuries related to sports, shoulder and knee arthroscopy and reconstruction, cartilage and implant-joint resurfacing



James Rosneck, MD

Location(s): Cleveland Clinic Sports Health Center, Beachwood; Solon

Specialty Interests: Arthroscopic surgery of the hip, knee and shoulder



Paul Saluan, MD

Director, Sports Health Community Affairs

Location(s): Cleveland Clinic Sports Health Center, Main Campus, Strongsville

Specialty Interests: Pediatric and adolescent sports medicine, arthroscopy, pediatric orthopaedic surgery



Mark Schickendantz, MD

Director, Orthopaedic Sports Medicine Fellowship

Location(s): Cleveland Clinic Sports Health Center, Lutheran Hospital, Strongsville

Specialty Interests: Arthroscopic shoulder, elbow and knee surgery



James S. Williams Jr., MD

Location(s): Euclid Hospital

Specialty Interests: Sports medicine, knee and shoulder arthroscopy, cartilage repair/transplantation

Other Sports Health Practitioners



Thomas Torzok, DC

Location(s): Cleveland Clinic Sports Health Center, Willoughby Hills

Specialty Interests: Chiropractic sports medicine, acute and chronic sports-related injuries, sports-induced overuse injuries, shoulder pain and frozen shoulder, peripheral nerve entrapment syndromes



Frank Caruso, LAc

Location(s): Cleveland Clinic Sports Health Center, Lyndhurst

Specialty Interests: Acupuncture for chronic knee, foot, elbow and hand disorders



Katherine Mone, MEd, RD, LD

Location(s): Cleveland Clinic Sports Health Center, Main Campus

Specialty Interests: Sports nutrition, fueling for endurance athletes, nutrition for athletes with diabetes and cardiovascular disease

Sports Health and Orthopaedic Rehabilitation



Gary Calabrese, PT

Director, Sports Health and Orthopaedic Rehabilitation

Location(s): Cleveland Clinic Sports Health Center, Main Campus, Beachwood JCC

Cleveland Clinic Sports Health – Florida



Gregory J. Gilot, MD

Location(s): Cleveland Clinic in Florida (Weston)

Specialty Interests: Arthroscopic treatment of shoulder injuries, including rotator cuff tears; shoulder instability and fractures; arthritis of the shoulder; shoulder replacement, including reverse shoulder replacement; shoulder surgery revisions; biceps tendon tears; arthroscopic treatment of knee injuries, including meniscal tears; ACL reconstruction, including All-Inside ACL reconstruction



Daniel Grobman, DO

Location(s): Cleveland Clinic in Florida (Weston)

Specialty Interest(s): Nonsurgical sports medicine, including acute care of ankle and knee injuries and fracture management; rehabilitation for rotator cuff injuries; pain management; osteopathic manipulation; medical care for spine problems; osteoarthritis



Brian Leo, MD

Location(s): Cleveland Clinic in Florida (Weston)

Specialty Interests: Sports-related injuries and sports medicine surgery, including ACL and meniscal tears in the knee; rotator cuff tears and instability in the shoulder; pectoralis and distal biceps muscle tears; Tommy John surgery for elbow injuries and hamstring tears; hip arthroscopy



David Westerdahl, MD

Location(s): Cleveland Clinic in Florida (Weston)

Specialty Interests: Sports injuries, including exercise-related medical disorders and fractures; platelet-rich plasma (PRP) therapy; musculoskeletal ultrasound; nonsurgical orthopaedics; arthritis

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The Team Approach

- We care for Cleveland's pro sports teams: Browns, Cavaliers and Indians
- We provide team physicians and athletic trainers for more than three dozen high schools and colleges throughout Northeast Ohio.
- We offer educational opportunities for athletes, athletic trainers, physicians and coaches.
- We provide medical care for both athletes and spectators at major sporting events in Cleveland (such as the U.S. Figure Skating Championships, the Gravity Games and the U.S. National Gymnastics Championships).

Consultants

Anesthesiology

Marguerite Group, MD
Bob Helfand, MD
Ali Jahan, MD

Craniofacial/Plastic Surgery

Frank A. Papay, MD

Drug/Alcohol Abuse Treatment

Gregory Collins, MD
Joseph Janesz, PhD

Ear, Nose and Throat Care

Tom Abelson, MD

Endocrinology

Angelo Licata, MD, PhD
Adi Mehta, MD
S. Sethu Reddy, MD
Mario Skugor, MD

Foot and Ankle Surgery

Brian G. Donley, MD
James J. Sferra, MD

Fracture Care

Michael Joyce, MD

Gastroenterology

Jean-Paul Achkar, MD
David Barnes, MD
Gregory Zuccaro, MD

General Internal Medicine

Harry J. Isaacson, MD
Richard Lang, MD, MPH

General Surgery

David Baringer, MD
William O'Brien, MD

Hand and Upper Extremity Center

Peter Evans, MD, PhD
Steven Maschke, MD
Tom Graham, MD

Hypertension/Nephrology

Martin Schreiber, MD

Neurology

Kerry Levin, MD
Robert Shields, MD
Patrick Sweeney, MD
Neil Cherian, MD,
(Headache and Pain)

Neuropsychology

Richard Naugle, PhD

Neurosurgery

William Bingaman, MD

Obstetrics and Gynecology

Marjan Attaran, MD
Marie Fidela Paraiso, MD
Julian Peskin, MD
Womack Stokes, MD
Michael Anderson, MD

Optometry

David Barnhart, OD

Pediatrics

John Lampe, MD,
Community Pediatrics, Solon

Ellen Rome, MD, MPH,
General Pediatrics

Gary D. Williams, MD,
General Pediatrics

Gerard Banez, PhD,
Pediatric Behavioral Medicine

David Rothner, MD,
Pediatric Neurology

John Carl, MD,
Pediatric Pulmonary Medicine

Plastic Surgery

Frank Papay, MD

Pulmonary Medicine

Herbert Wiedemann, MD

Radiology

Stephen Hatem, MD
Joshua Polster, MD
Brad Richmond, MD
Jean Schils, MD

Rheumatology/Immunology

Abby Abelson, MD
Leonard Calabrese, DO
Brian Mandell, MD, PhD

Sleep Medicine

Nancy Foldvary-Schaefer, DO

Spine Health

Gordon Bell, MD

Sports Cardiology

Lon Castle, MD
Richard Sterba, MD
Kenneth Zahka, MD

Sports Dentistry

Todd Coy, DMD

Sports Dermatology

Wilma Bergfeld, MD
Dave Hamrock, MD
Kenneth Tomecki, MD

Sports Ophthalmology

Peter Kaiser, MD
Gregory Kosmorsky, DO
Jonathan Sears, MD

Sports Psychology/Psychiatry

Scott Bea, PsyD
Gregory Collins, MD
Joseph Janesz, PhD
Donald Malone, MD
Michael G. McKee, PhD
George Tesar, MD

Urology

Anthony Thomas, MD

Official Team Physicians For:



9500 Euclid Avenue, Cleveland, OH 44195

Cleveland Clinic is a nonprofit, multispecialty academic medical center. Founded in 1921, it is dedicated to providing quality specialized care and includes an outpatient clinic, a hospital with more than 1,300 staffed beds, an education institute and a research institute.

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