



## Inside:

- Growing To Serve You - New Providers at Union Hospital
- Women's Health: When was your last Pap smear?
- March is National Colorectal Cancer Awareness Month



# Growing To Serve You –

## NEW PROVIDERS AT UNION HOSPITAL

Cleveland Clinic Union Hospital continues to expand access to care and services that it provides to the Tuscarawas Valley.

In the past several months, three new offices (Union Hospital Cardiology, Union Hospital OB/GYN and Union Hospital Urology) and several new providers have been added to the hospital's care team and are accepting new patients now. Several other new providers are scheduled to begin seeing patients later this year, too – Watch for announcements!

### NEW PROVIDERS WHO ARE ACCEPTING NEW PATIENTS ARE:

#### CARDIOLOGY



Wayne Gross, DO



Michael Markel, MD



Laurel Ann Carroll, CNP

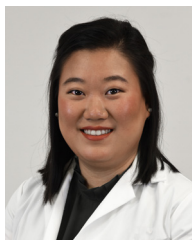


Katelyn Polilli, CNP

#### FAMILY MEDICINE | North Dover Office



Rebecca Andalaro, MD



Hyo Young Smith, MD



Derek Brock, CNP

#### GENERAL SURGERY



Laura Meiler, DO

#### OBSTETRICS/GYNECOLOGY



Jerome Chelliah, MD



Jessica Nazzaro, DO



David M. Godfrey, MD



Justin Albright, PA-C



Maria Tettis, PA-C

#### ORTHOPAEDIC SURGERY



Michael R. Gigax, MD



Tina Alsept, CNP

See the hospital's complete medical directory at  
[unionhospital.org](http://unionhospital.org).

# Cleveland Clinic Union Hospital Provider Offices

Cleveland Clinic Union Hospital medical offices (also known as “Union Physician Services” or “UPS”) are located on the hospital campus and throughout the community.

New patients are being accepted right now, too.

## MEDICAL OFFICE LOCATIONS IN THE COMMUNITY INCLUDE:

### PRIMARY CARE

**Central Dover Office:** on the campus of Union Hospital at 205 Hospital Dr.

**North Dover Office:** 110 Dublin Dr., Suite A, (across from Buehler’s Fresh Foods).

**New Philadelphia Office:** 115 Garland Dr. SW.

**Newcomerstown Office:** 60881 County Rd. 9

**Sugarcreek Office:** 126 S. Broadway

For appointments at all locations, call **330.602.0778**

### CARDIOLOGY

**Dover Office:** 515 Union Ave., Suite 167, **330.343.7581**

**Massillon Office:** 323 Marion Ave. NW, Suite 200, **330.880.0323**

### DERMATOLOGY

**Dover Office:** on the campus of Union Hospital at 400 Medical Park Dr., Suite 201, **330.365.9825**

### GENERAL SURGERY

**Dover Office:** on the campus of Union Hospital at 400 Medical Park Dr., Suite 203, **330.343.3433**

### NEUROLOGY

**Dover Office:** on the campus of Union Hospital in the main hospital building, 659 Blvd., **330.364.2700**

### OBSETRICS/GYNECOLOGY

**Dover Office:** on the campus of Union Hospital at 400 Medical Park Dr., Suite LL1, **330.440.7900**

### ORTHOPAEDIC CARE

**Dover Office:** 515 Union Ave., Suite 167 (Heritage Square Plaza) **330.343.3335**

### PULMONARY/SLEEP/CRITICAL CARE

**Dover Office:** on the campus of Union Hospital in the main hospital building, 659 Blvd., **330.308.3596**

### UROLOGY CARE

**Dover Office:** on the campus of Union Hospital at 300 Medical Park Dr., Suite 103, **330.364.2311**

## Cleveland Clinic at 100 – 2 of founding physicians were from this area

In February, Cleveland Clinic marked its 100th anniversary of providing care.

What began in a military hospital during World War I has led generations of caregivers to provide innovative medical care in our community and around the world. Now, 100 years later, Cleveland Clinic is shining brighter than ever before. This hope lights our way forward into the next 100 years.

The roots of the Clinic also are strongly planted in the community served by Union Hospital.

George W. Crile Sr., MD, and William E. Lower, MD, were two of the four physicians who came together in 1921 to open Cleveland Clinic. Crile and Lower were cousins who grew up on nearby farms and were educated in a one-room school near the small hamlet of Chili, located in Coshocton County just west of the Tuscarawas County border.

Since its founding, Cleveland Clinic was at the forefront of modern medicine when it was organized as a multi-specialty group practice. This innovative spirit lives on today.

In its first 100 years, Cleveland Clinic has introduced many medical firsts, opened facilities around the world and is proud to be ranked among the top hospitals in the country.

Union Hospital, which celebrated its 100th anniversary in 2006, became a part of the Cleveland Clinic as a regional hospital in 2018. Patients of Union Hospital now have access to care and providers in the Cleveland Clinic network.

**To learn more about its history and centennial celebration planned this year, visit [clevelandclinic.org](http://clevelandclinic.org).**



**George W. Crile Sr., MD**



**William E. Lower, MD**

# Welcome to 1st Baby Born in 2021 at Union Hospital

Awnah Ripley was the first baby born in 2021 in the Maternity Center at Cleveland Clinic Union Hospital. Awnah, the daughter of Blaine and Ashley Ripley of Newcomerstown, arrived at 1:16 p.m. on Jan. 1, and was delivered by Jessica Nazzaro, DO, of the Union Hospital OB/GYN practice. Congratulations to the Ripley family!



## WOMEN'S HEALTH

# When was your last Pap smear?



By Jessica Nazzaro, DO

This is one of the most common questions I ask my patients. Sometimes, the answer comes easily: "Last year," some patients will say.

For others, it takes some head scratching to remember when it was. The conclusion might be "several years ago" or "during my last pregnancy" ... and that baby is now 20 years old.

The Pap smear should be performed starting at age 21 for most healthy women. Adolescents should establish with a gynecologist before this age to discuss birth control, menstrual cycles and sexual activity.

Let's establish some background information.

When you come to the gynecologist, we perform a pelvic exam. The Pap smear is a screening test we may perform during that pelvic exam, where we sweep some cells off the cervix and send them for testing.

Sounds painful right? Let's be honest, it's not comfortable; however, it gives more of a cramping sensation than sharp pain. These cervical cells are then analyzed for abnormalities like pre-cancer or cancer.

Depending on your age, we may also test for human papilloma virus (HPV) with the Pap smear. There are high-risk strains of this virus that we know cause pre-cancer of the cervix.

All in all, the goal of this testing is to pick up pre-cancerous lesions early, before they become cancer. Because of that, In the United States the Pap smear has done wonders for decreasing the number of cervical cancer cases.

According to the American College of Obstetrics and Gynecology (ACOG), "the incidence of cervical cancer in the United States has decreased 50 percent in the past 30 years because of widespread screening ... mortality from the disease has undergone a similar decrease." In other words, we cut the number of cases in half and fewer people are dying from it.

While this is all great news, we can do better. If you're reading this wondering when your last Pap smear was, or you have a Mom, sister, daughter, aunt, or friend who hasn't seen a gynecologist in quite some time or ever: it's time.

**Jessica Nazzaro, DO, and Jerome Chelliah, MD, see patients at Union Hospital OB/GYN located on the hospital campus. Call 330.440.7900 for appointments.**



# March is Colorectal Cancer Awareness Month



## The month of March is National Colorectal Cancer Awareness Month.

In 20 years, it has grown to be a rallying point for the colorectal cancer community where thousands of patients, survivors, caregivers and advocates throughout the country join together to spread colorectal cancer awareness by wearing blue, holding fund-raising and education events, talking to friends and family about screening and so much more.

Colorectal cancer is the number two cause of cancer deaths in the United States – even though it's one of the most preventable and treatable forms of cancer, if caught early.

Up to 85% of colorectal cancers could be prevented or successfully treated if everyone who is eligible for a colonoscopy got screened.

A colonoscopy is the gold standard in screening because it can both detect and remove polyps before they can turn into colon cancer – the second leading cause of cancer death among men and women in the United States.

Cleveland Clinic Union Hospital's surgery facilities – the hospital's Surgery Center and the off-site Tuscarawas Ambulatory Surgery Center – are available for colonoscopies and safe for patient care from the spread of COVID-19. If you have been referred for or are considering talking with your doctor about a colonoscopy, don't delay this important part of your overall healthcare.

Have more questions? Talk to your primary care provider, a gastroenterologist or a general surgeon. Both gastroenterologists and general surgeons perform colonoscopies

To find a physician at Union Hospital, simply visit the "Our Doctors" link at [unionhospital.org](https://unionhospital.org)

# STOP

**colorectal cancer before it starts!**

**50** Start colorectal cancer screening with colonoscopy at age 50 (age 45 if you are African American).

Talk to your doctor about earlier screening if you have a family history of colorectal cancer or polyps or if you are experiencing any symptoms, such as bleeding or changes in bowel habits.



**Who to call to schedule your colonoscopy:**

- Gastroenterologist or
- General Surgeon



**Cleveland Clinic**  
**Union Hospital**

# Virtual visits provide care options amid pandemic

Despite the challenges presented by the current coronavirus (COVID-19) outbreak, our Cleveland Clinic Union Hospital provider offices (also known as “Union Physician Services” or “UPS”) are always here for you — making sure you have a way to schedule virtual follow-up visits with your healthcare providers.

Virtual visits can help you save valuable time by letting you receive care from your healthcare team using your mobile device or computer. If you receive a prescription at the end of your virtual visit, it can be sent directly to your local pharmacy that is most convenient for you.

Many providers offer a variety of virtual scheduled visits, including regular follow-up, pre and post-op, pre and post natal check-in, triage visits, pre-visit information sessions, medication review, genetic counseling, infectious disease visits prior to travelling, etc.

Most scheduled virtual visits are currently offered by our providers through the secure MyChart platform. Should your provider offer a different option, you will receive detailed information and instructions regarding your upcoming virtual visit.

Most insurance companies are paying for virtual visits for COVID-19 positive diagnoses; for these, our providers will waive financial responsibility you may have.

For services for non-COVID-19 positive diagnoses, some insurance companies are paying for virtual visits; for these, we will only bill you for your financial responsibility after we have billed your insurance. Insurance companies are beginning to change their coverage of virtual visits for non-COVID-19-related symptoms, so it is best to confirm your benefits with your insurance company prior to care. Virtual visits are still an option for you, even if your insurance company does not cover it.

If you think virtual visits may be right for you, please contact your Union Hospital provider’s office.



## MyChart – Your health information safely at your fingertips



Cleveland Clinic MyChart is a patient’s healthcare partner.

MyChart is a free and secure online health management tool that connects Cleveland Clinic patients to portions of their electronic medical record, allowing you to see test results, message your physician, schedule appointments and more. Simply log in to our account from your phone, tablet or computer.

### Information available through our MyChart account includes:

- Test Results
- View Physician Progress Notes
- Medications
- Preventive Care Information
- Upcoming and Past Appointments
- Immunizations
- Current Health Issues
- Health Trends
- Access Your Child’s or Dependent’s Medical Records

Creating a MyChart account is easy. Simply visit [clevelandclinic.org/mychart](https://clevelandclinic.org/mychart) and follow the directions.



## 'Run for Home' Events Set for April 10 & 11



The 14th Annual Cleveland Clinic Union Hospital Run for Home Community Fitness Festival is scheduled April 10 and 11 at Tuscora Park in New Philadelphia.

With the COVID-19 pandemic, race organizers are planning for fewer individual events. Race plans are being developed with the assistance of professionals from the New Philadelphia City Health Department.

All proceeds from the Run for Home benefit Habitat for Humanity East Central Ohio. Since the inception of the Run for Home, more than \$200,000 has been generated to support Habitat for Humanity projects in Tuscarawas County.

Union Hospital has served as the lead sponsor for the event since its inception.

### Events this year include:

- 1-mile Fun Run/Walk
- 5K Run/Walk
- 10K Race
- Half-Marathon

(Plans also are in place to switch to a virtual event as necessary, and registration-fee discounts are available for those who registered in 2020.)

For complete details, including online registration, visit [runforhome.org](http://runforhome.org).

## COVID-19 vaccinations available at Union Hospital

Cleveland Clinic Union Hospital has been serving as a community site for COVID-19 vaccinations. Eligible residents can call the hospital's vaccination appointment line at 330.364.0884 for vaccinations and the waitlist. Vaccinations are given at the hospital by appointment only.



## Union Hospital Auxiliary 'Christmas Tree Festival' Another Big Success

Even amid the COVID-19 pandemic, the holiday beat goes on – and strong – for the Union Hospital Auxiliary “Warther’s Christmas Tree Festival.”

The Auxiliary held its 27th annual fund-raising tree festival in Warther’s Carvings Museum at Dover in November. Visitors who scheduled tours of the festival again visited the museum to enjoy more than 40 tastefully decorated Christmas trees along with various holiday-themed items on display and sold during the event.

Auxiliary members said they were overwhelmed by the area’s ongoing support and dedication to the festival, which developed safety protocols for in-person festival attendees and offered online tree tours and sales.

Proceeds from the Christmas Tree Festival, along with other Auxiliary projects held during the year, are donated to Cleveland Clinic Union Hospital. These donations are used to purchase patient equipment and fund hospital improvements.

The Auxiliary’s 28th Annual Christmas Tree Festival is scheduled Nov. 13-21. Watch for more details in upcoming announcements from the Auxiliary.



## It is as important as ever to seek the care you need



*Dr. Nathan Johnson of the  
Union Hospital Lauren  
Emergency Center*

Over the past year, many studies have found that patients are avoiding some or all types of routine, specialty and emergency care.

With the global COVID-19 pandemic at the center of public attention, it can be easy to forget that all kinds of other routine care is still needed for overall health and wellbeing, and medical emergencies – such as heart attacks and strokes – are still happening every day. (Every 40 seconds, someone in the United States has a heart attack, according to data from the federal government.)

Quick treatment in the matter of an emergency can be the difference between life and death. Avoiding routine and specialty care also can lead to long-term and chronic conditions for some patients.

The Lauren Emergency Center at Cleveland Clinic Union Hospital is safe for patient care from the potential spread of COVID-19. Patients with coronavirus symptoms are treated in a separate area of the Emergency Center, and additional cleaning protocols have been implemented.

Union Hospital's FirstCare urgent care office at Dover, as well as all of the hospital's medical offices (also known as "Union Physician Services" or "UPS") also are safe for patient care and have introduced additional screening and cleaning.

We are here for you at Union Hospital when you need us. Visit [unionhospital.org](https://unionhospital.org) and [clevelandclinic.org](https://clevelandclinic.org) for additional details about COVID-19, vaccine information and patient care.